

DEPARTMENT OF NUTRITION AND DIETETICS

ABOUT THE DEPARTMENT

The Department of **Nutrition and Dietetics** was established in 2018-19 under DDU Kaushal Kender Scheme. Dietetics is the science and art of feeding the individuals based on the principle of nutrition. It can also be said to be the “Science and Art of human nutritional care”. Dietitians are health specialists who create diets for individuals for overall well-being. Due to a boom in the health sector, the demand for dietitians has significantly increased over the years owing to the increased awareness amongst individuals to stay healthy and avoid high-calorie diets resulting in hypertension, obesity and other food-related diseases. Health is that facet of life which cannot be shunned at any cost. By intelligent consumption of the right and required food, one can prevent a variety of diseases and health hazards. The opportunities in the Dietitian profession are available in both public and private sectors.

COURSES OFFERED

B.Voc in Nutrition and Dietetics (3 Year Degree Program)

HIGHLIGHTS OF THE DEPARTMENT

- ICT enabled Classrooms
- Students holding Top positions in University
- Well equipped labs- Food and Nutrition Lab
- Highly trained and experienced qualified faculty
- Various M.O.U.s signed with renowned Hospitals, Health Sectors and Food industrial sectors
- Workshops and seminars conducted by the department- for enhancing skill development of the students.
- Designing of course outline as per the demand of food industrial and health sectors.
- Regular industrial visits of students as per their curriculum (Hospitals, Food Industry and Health sector areas).
- Celebration of various Nutritional days such as World Health Day, Cancer day, Breast feeding day regular feature of the department.

- Organizing Cafeteria activities by faculty, H-tea regular features in the department by the teachers of NAD.
- Regular Assessment by NSDC at various levels.
- Revenue Generation Activities –Earning while learning such as selling of healthy nutritious food products in the college campus.
- Group Discussion activities competition in Inter-departments of the college conducted on National Nutritional Month.
- Conducting CAT test and assigned various assignments for the good progression report of the students.

Faculty Profile

Sr No.	Name	Educational Qualification	Designation	Teaching Experience	Specialization
1.	Dr Manisha Pandit	PhD (Food Science and Nutrition)	Assistant Professor	2 .5 Years	Food and Nutrition (

Publication Work

Research Paper Publication -03

National Seminar/ Webinar/ Conferences Organized: 02

Curriculum

B.Voc Course of Nutrition and Dietetics

Course Duration : Three Years (Six Semesters) Eligibility: 10+2 in any relevant Stream of Science/ Arts/ Commerce with 45% Marks

Number of Seats =50

Future Prospects:

Nowadays everyone wants to be fit and healthy! The primary job roles in the field of nutrition and dietetics are:

- Clinical Dietitian
- Community Dietitian
- Dietetic Educator

- Food Service Dietician
- Therapeutic Dietitian
- Registered Dietitian
- Public Health Dietitian or Research Dietitian/ Health Nutritionist
- Nutritional Therapist
- Nutritional Educator
- Food Safety Auditor
- Pediatric Dietitians
- Business Dietitians
- Administrative Dietitians
- Dietetic Assistant
- Bakery Technician or Baker
- Research and Development as RA at Government Or Private Organizations.
- Health Coach